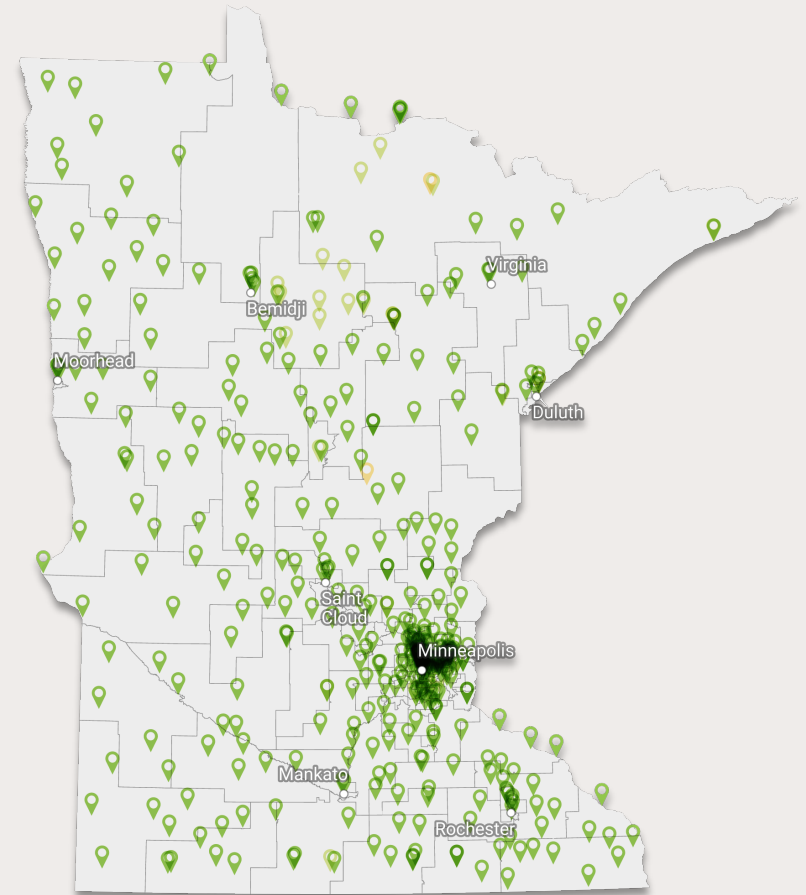


2023 Food Shelf Visits



The Emergency Food Assistance Program (TEFAP) Food Shelves in Minnesota

- There are 489 food shelves, mobile and tribal programs that participate in TEFAP throughout Minnesota.
- Each month TEFAP food shelves report their visit data to Hunger Solutions.
 - Child visits
 - Adult visits
 - Senior visits
 - Individual visits (total)
 - Household visits
 - Pounds



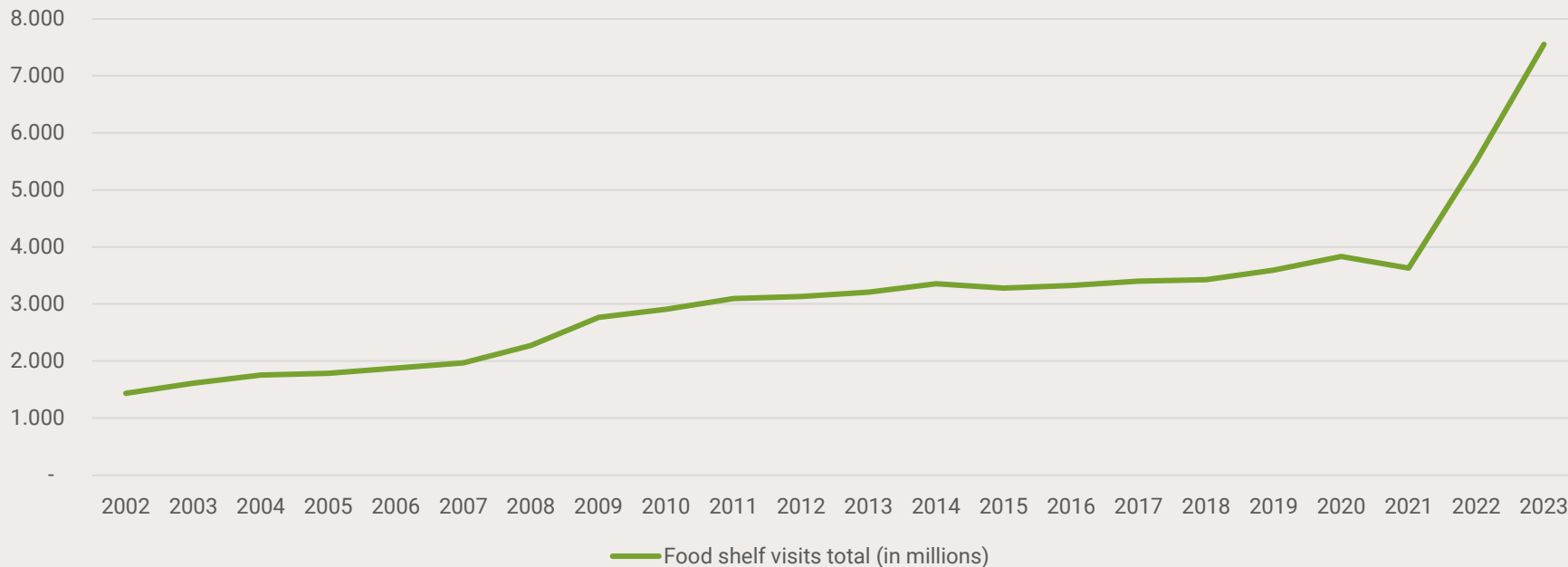
Source: Hunger Solutions Minnesota • Created with Datawrapper



Minnesotans made 7,551,147 visits to food shelves in 2023.

1.8 million more visits than in 2022

Food shelf visits total (in millions)



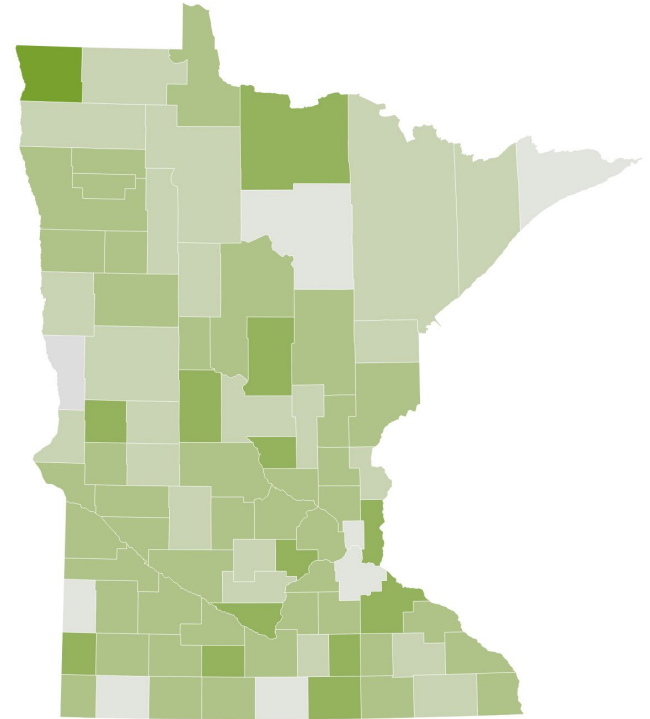
Visit change by county

Decreases in total visits	
Nobles	-60.8%
Itasca	-39.0%
Lincoln	-17.8%
Faribault	-16.6%
Cook	-11.3%
Dakota	-5.9%

Increases in total visits	
Steele	77.9%
Watonwan	79.3%
Nicollet	79.8%
Washington	80.0%
Carver	85.3%
Crow Wing	87.8%
Pipestone	93.6%
Grant	98.1%
Benton	99.8%
Kittson	133.8%

% change in visits 2022 to 2023

< 0.0% 0.0%–25.0% 25.0%–50.0% 50.0%–100.0% ≥ 100.0%



Source: Hunger Solutions Minnesota • Created with Datawrapper

https://www.datawrapper.de/_/QATct/?v=2





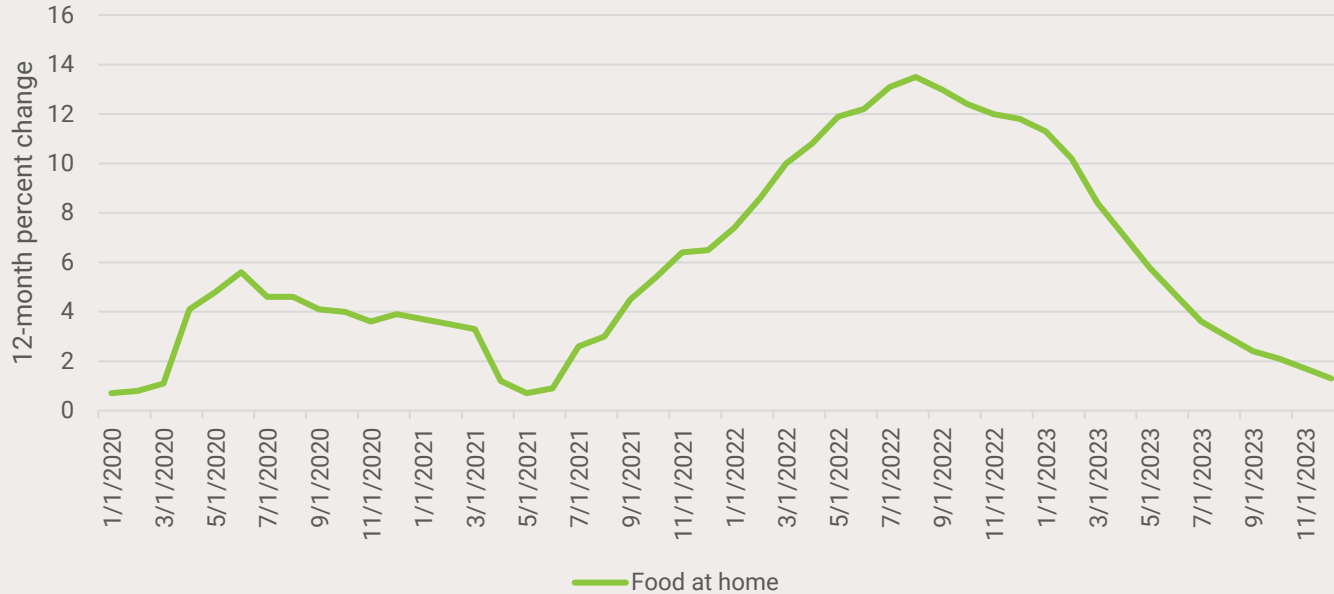
Why is this happening?



1

Food price inflation

12-month percentage change in consumer prices
Jan. 2020-Dec. 2022



The rise in the price of food has slowed, but the increases build on themselves month after month.

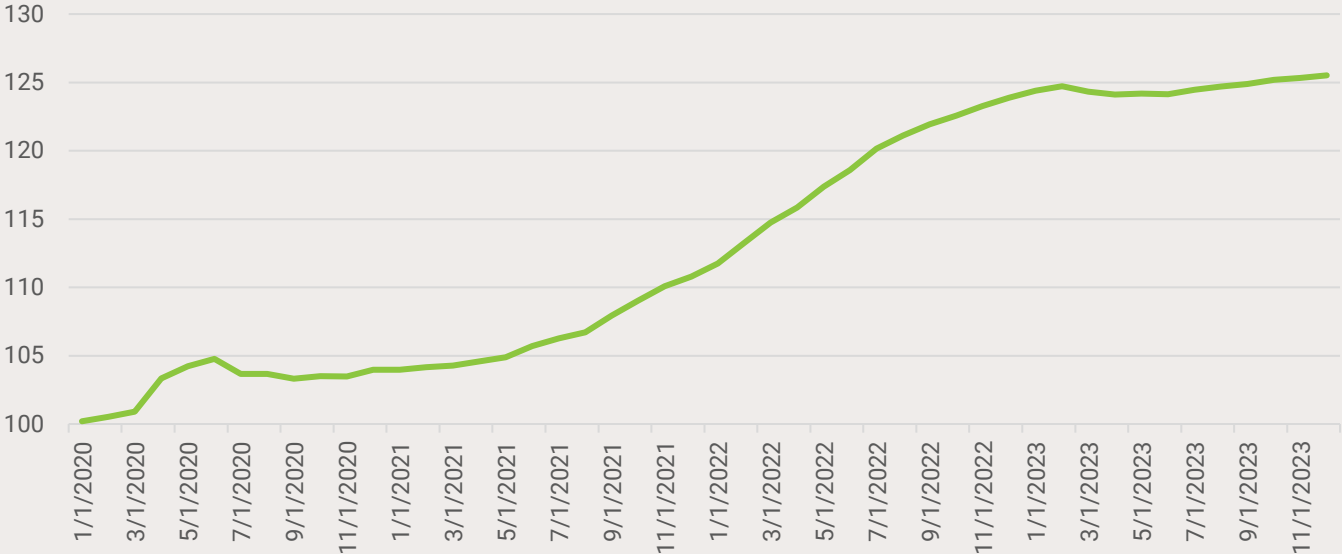
A basket of food that cost \$100 in December 2019, cost more than \$125 in December 2023.



1

Food price inflation

Inflation adjusted price of groceries that cost \$100 in 2019



The rise in the price of food has slowed, but the increases build on themselves month after month.

A basket of food that cost \$100 in December 2019, cost more than \$125 in December 2023.



2

Loss of food support programs

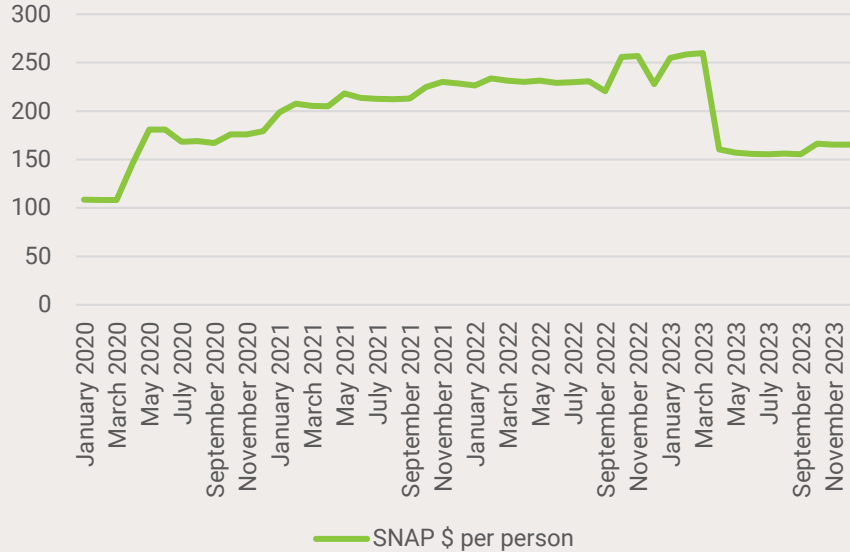
- Stimulus payments
- Child tax credit advance payments
- Expanded Unemployment Insurance
- Eviction moratorium
- Pandemic EBT
- Emergency SNAP



2

Loss of food support programs

Monthly SNAP benefits per person,
2020-2023



SNAP benefits increased in early 2022 with additional pandemic related E-SNAP benefits. Minnesotans went from \$100 per person on average in January to about \$180 per month in June 2020.

E-SNAP benefits distributed per person increased to about \$260 by early 2023. These additional benefits ended in March 2023. By April 2023, Minnesotans received an average of \$160 per month in SNAP benefits, a monthly decrease of about \$100 per person.



3

Changes in service model

- Some food shelves have shifted from policies with one visit per month to allowing more frequent visits
- Of 342 locations applying for grant:
 - 106 allow 1 visit per month
 - 48 allow 1 visit per month, plus emergency or bonus visits as needed
 - 59 allow 2 visits per month
 - 3 allow 3 visits per month
 - 54 allow 4 (or weekly) visits per month
 - 5 allow 5-30 visits per month
 - 56 allow 30+ (unlimited) visits per month



Contact

Jill Westfall

Director of Programs, Hunger Solutions Minnesota

jwestfall@hungersolutions.org

651-789-9843

