

# Get more fresh food for less

**Triple** your SNAP/EBT at your participating farmers market with Market Bucks



## How it works:

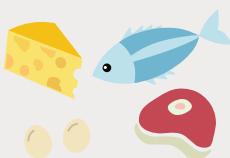
- 1 Visit:** Go to the Information Booth at the farmers market to get started.
- 2 Swipe:** Swipe your EBT card for the amount you want to spend. We'll match your purchase dollar-for-dollar (up to \$10). You can get up to \$10 in Market Bucks and \$10 in Produce Market Bucks each visit.
- 3 Shop:** Spend your Market Bucks with eligible vendors at the farmers market.

Learn more and find a participating market near you at  
[hungersolutions.org/farmersmarkets](https://hungersolutions.org/farmersmarkets)  
or call the Minnesota Food HelpLine 888-711-1151.

## What you can buy with SNAP at the farmers market:



Fruits and Vegetables\*



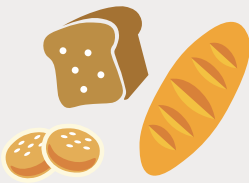
Meat, Fish, Eggs,  
and Dairy



Honey and  
Maple Products



Jams, Jellies, Pickles,  
and Sauces



Baked Goods



Seeds and Plants  
that Produce Food

\* Eligible for Produce Market Bucks.

## What is SNAP?

SNAP stands for the Supplemental Nutrition Incentive Program, formerly known as food stamps. SNAP helps eligible households purchase food at grocery stores, convenience stores, and farmers markets.

## Can I get SNAP?

SNAP eligibility is based on household size and income. You can check to see if you are likely eligible for SNAP online at: [hungersolutions.org/snap-screener](https://hungersolutions.org/snap-screener) or by calling the Minnesota Food HelpLine at 888-711-1151.

## How to I apply for SNAP?

You can apply for SNAP online at [MNBenefits.org](https://MNBenefits.org) or you can get a paper application mailed to you by calling the Minnesota Food HelpLine 888-711-1151.

Call or text the Minnesota Food HelpLine at  
**888-711-1151**  
for questions about SNAP and Market Bucks.