

COVID-19



Need additional food assistance?



Due to COVID-19, many families are having difficulty paying their bills and may have trouble getting food to stay healthy. If you or someone you know have been laid off work, or work hours have been cut, you may be able to get help. The Supplemental Nutrition Assistance Program (SNAP) can help you buy food while your budget is tight.

If your monthly pre-tax income is now below the following amounts, you may be eligible for assistance through SNAP, based on your household size.

1	\$1,718	5	\$4,149
2	\$2,326	6	\$4,757
3	\$2,933	7	\$5,364
4	\$3,541	8	\$5,972

For each additional family member **above 8, add \$608.**

SNAP offers monthly assistance toward food purchases at your local grocery store. Benefits are loaded onto an Electronic Benefits Transfer (EBT) card, which works similarly to a debit card. This card can be used to buy groceries at authorized food stores and retailers. You can even authorize a trusted family member or friend to shop for you.

You can fill out an application for SNAP online at ApplyMN.dhs.mn.gov. After applying online, most applicants must complete a phone interview with their county or tribe. If you need assistance with applying or additional resources, find information at mn.gov/dhs or call the MN Food Helpline at 1-888-711-1151.

651-431-4000

Attention. If you need free help interpreting this document, call the above number.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ဤစာရွက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ အထက်ပါဖုန်းနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သျှဉ်ဟ်သးဘဉ်တက့ၢ်. ဖဲန့ၢ်လိဉ်ဘဉ်တၢ်မၤစၢၤကလိလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီလံာ်မိတခါအံၤန့ၢ်, ကိးဘဉ်လိတဲစီၣ်ဂီၢ်လၢထးအံၤန့ၢ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໂປຣດຊາບ. ຖ້າຫາກ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ຟຣີ, ຈົ່ງໂທໄປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.

LB2 (8-16)



For accessible formats of this information or assistance with additional equal access to human services, write to dhs.info@state.mn.us, call 651-431-4000, or use your preferred relay service. ADA1 (2-18)