



## Food Shelf Visits 2016

February 2017

By most indicators, Minnesota is a prosperous state. Our unemployment and poverty rates are among the lowest in the country and per capita income and homeownership are among the highest in the country. Yet many Minnesotans struggle to make ends meet.

For many households, one car repair or one health emergency can throw their budget into turmoil. Households don't have much control over fixed monthly expenses like the mortgage or rent or utility bills. When things get tight, one of the first budget items cut is food. Individuals and families turn to food shelves for help making it through the month.

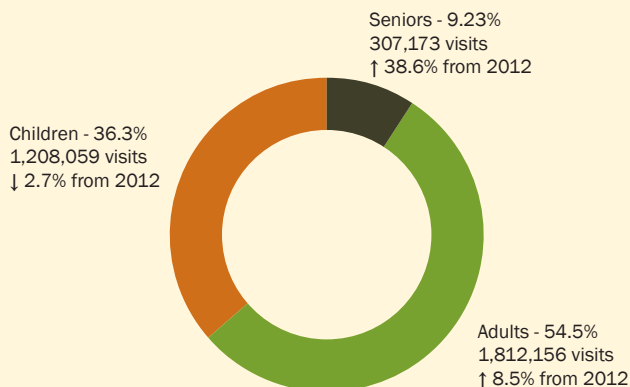
Adults, children, and seniors made 3,327,388 visits to food shelves in 2016. Since the recession, reaching over 3 million food shelf visits in a year has become the new normal for the emergency food system. 2016 marks the 6th consecutive year with over 3 million visits.

In 2016, Minnesotans made

# 3,327,388

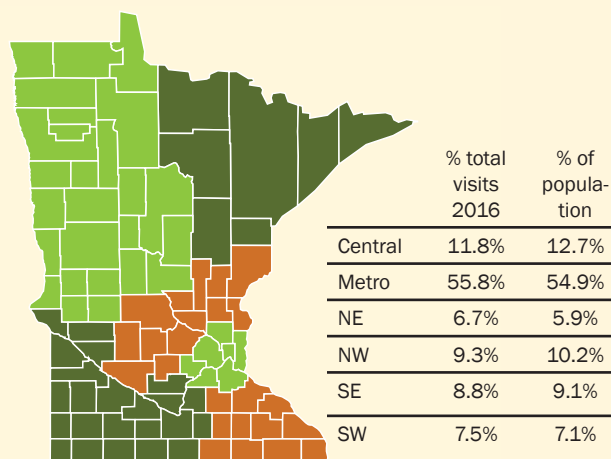
visits to food shelves.

### Share of food shelf visits by type, 2016



Source: Food shelf reports to MN DHS. Analysis by Hunger Solutions Minnesota.

### Food shelf visits by region, 2016

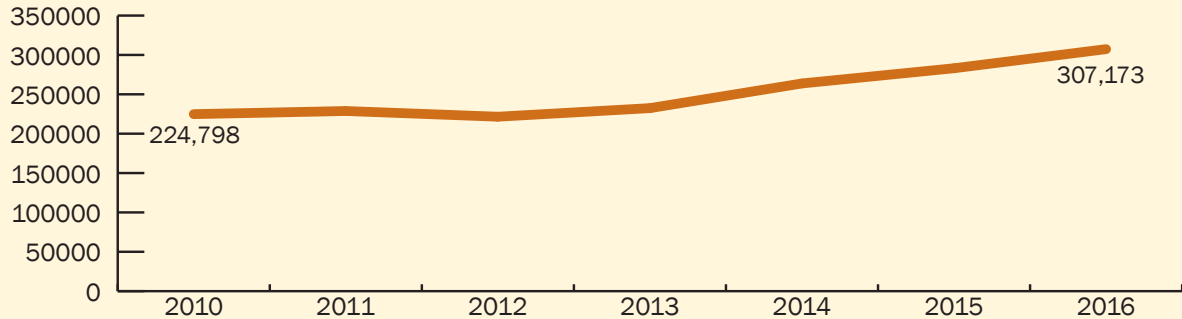


Sources: Food shelf reports to MN DHS. Analysis by Hunger Solutions Minnesota. U.S. Census Bureau, Population Division. Annual Estimates of the Resident Population, 2015.

## Senior visits on the rise

Seniors (adults 65 years old and older) are the fastest growing group of food shelf users. From 2012 to 2016, the number of food shelf visits by seniors rose 38.7%

Number of food shelf visits by seniors, 2010-2016

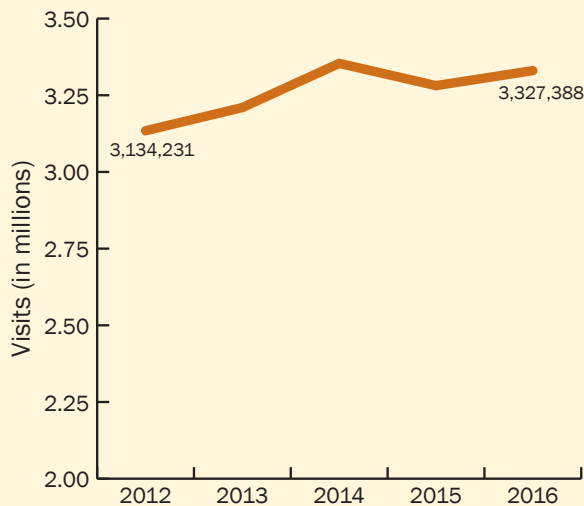


If food shelves were open 24/7,  more than **6 people** would visit a food shelf **every minute.**

## 3 million visits = the new normal

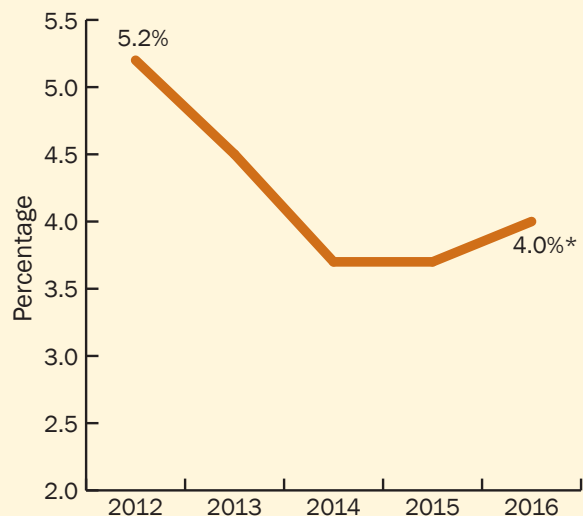
Food shelf visits remain high across the state. Three million+ visits per year has become the “new normal” in Minnesota. At the same time food shelf visits rose, the state’s unemployment rate fell, suggesting that not everyone shares equally in Minnesota’s economic prosperity.

Food shelf visits, 2012-2016



Source: Food shelf reports to MN DHS. Analysis by Hunger Solutions Minnesota.

Unemployment rate, December 2012-2016



Source: MN DEED, Local Area Unemployment Statistics.  
\*Preliminary data for December 2016.